

Release of Liability

Rowing at the Camden County Boathouse

IN CONSIDERATION of being given the opportunity to participate in Rowing at the Camden County Boathouse in the Camden County Park System, during the year **2021**, I, for myself, my personal representatives, assigns, heirs, and next of kin.

- 1. ACKNOWLEDGE, agree and represent that I understand the nature of fitness classes and strenuous physical activity, and that I am qualified, in good health, and in proper physical condition to participate in such activity.
- 2. FURTHER ACKNOWLEDGE, the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing. I further acknowledge that the County of Camden has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19. I further acknowledge that the County of Camden cannot guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, County employees, agents, and other park guests and their families. I voluntarily wish to engage in fitness lessons and/or classes, and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while on County property. I attest that:

I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.

I have not traveled internationally within the last 14 days.

I have not traveled to a highly impacted area within the United States of America in the last 14 days.

I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.

I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non contagious by state or local public health authorities.

I am following all CDC recommended guidelines as much as possible and limiting my exposure to the Coronavirus/COVID-19.

- 2. FULLY UNDERSTAND that: (a.) FITNESS CLASSES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis and death ("Risks"); (b.) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasee named below; (c.) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
- 3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a participant in **Rowing at the Camden County Boathouse** and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
- 4. HEREBY RELEASE, discharge, and covenant not to sue the County of Camden, its administrators, directors, agents, officers, volunteers and employees, other fitness class organizers, any sponsors, advertisers, and if applicable, owners and lessors of the premises, on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent permitted by law. I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Printed Name of Participant:	Date:
Signature of Participant:	
Address:	
City/State/Zip:	
Phone:	

PARENTAL CONSENT (if participant is under the age of 18)

AND I, the minor's parent and/or legal guardian, understand the contagious nature of the Coronavirus/COVID-19, understand the nature of fitness classes and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasee, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim, to the fullest extent permitted by law.

Printed Name of Parent/Guardian:	Date:
Parent/Guardian Signature:	
Address:	
City/State/Zip:	

2021 Covid 19 Guidelines for Rowing at CCB

Purpose: This document will outline the roles and responsibilities for the CC Boathouses' approved programs during the covid-19 pandemic

Background: The covid-19 pandemic is a worldwide crisis that has altered daily activities for everyone. As a new normal emerges, we would like to take all possible precautions to make sure everyone stays healthy and safe. Critical elements of any plan must include social distancing (6 feet apart), hand hygiene, covid-19 screening, appropriate use of surface and equipment cleaning.

Prior to arrival at the Boathouse:

- 1. Prior to arrival everyone must fill out a waiver for the Camden County Boathouse which can be found on our website www.camdencountyboathouse.com
- 2. All members coming to the boathouse should be in good health with a temperature under 100.4 degrees, no cough, headache or other signs of the virus. If you have been exposed to the virus please be sure you have quarantined for at least 14 days. Forehead swipe thermometer will be provided by the County & will be disinfected after each use.
- 3. Temperatures will be taken upon arrival by a CCB employee in lobby except for the crew teams that will have their temps taken by their coaches on the pad
- 4. Proper mask covering is to be worn at all times from leaving your car, entering the boathouse, preparing and carrying the boat to the water. You may remove your face covering to row but need to put it back on when you return to the dock.
- 5. All coxswains will need to wear a mask and goggles at all times
- 6. Social distancing, at least 6 feet apart will be enforced by coaches, and Boathouse staff.
- 7. 2nd floor facilities will be off limits
- 8. Restrooms will be accessible on 1st floor and will allow 4 people in at a time

Parking:

- 1 Remember to maintain proper social distancing
- 2 Do not congregate in the parking lot or on the deck. Once done rowing and cleaning equipment please leave the area in a timely manner

In the Bay:

- 1. 10 people TOTAL are allowed in the bay at one time. If more people arrive they must wait outside the bay and only enter when one of the rowers leave the bay
- 2. Each program will supply their own sanitizing products i.e. purell, lysol wipes. A list of sanitizing products needs to be sent to the CCB upon approval of program. Also please designate an individual who will be disinfecting or monitoring the disinfecting of each single or equipment used.
- 3. Sculling blade handles and shafts to the collar need to be wiped down with alcohol or disinfectant
- 4. All surfaces that have contact need to be wiped down frequently. This includes but is not limited to railings, launches, equipment, door handles, bathroom surfaces, etc...

On the Pad/Docks:

- 1. Place slings adequately distanced apart from the other boats
- 2. Minimize your time on the docks by launching in a timely manner
- 3. Remember social distancing
- 4. Stay off the dock unless you are carrying a boat

Rower Responsibilities:

- 1. Arrive as close to start time as possible
- 2. Wear mask upon exiting your car and while on land
- 3. Maintain hand hygiene frequently
- 4. Enter the boathouse through the main lobby for temperature taking
- 5. Make sure waiver is signed before entering the boathouse
- 6. Social distancing will be enforced
- 7. Mask can be removed once on the water
- 8. Follow proper patterns when on the river
- 9. Rowers will return to dock (with mask on) in an order designated by the coach and return equipment to the boathouse as instructed by the coach
- 10. Rowers will carry shell to boathouse and place on stretchers and disinfect all hand contact areas. The shell will be hosed off and dried using a designated towel and disposal bag
- 11. Rowers will then clean hands with alcohol and dispose of wipes in designated bin
- 12. The shell will then be placed back on the rack
- 13. Rowers will then leave boathouse immediately getting into car and not congregating

Coach Responsibilities:

- 1. Coaches will determine the appropriate ratio of coach to scullers for each session.
- 2. Coaches will perform hand hygiene frequently
- 3. Coaches will bring down blades and place in delineated spaces on the pad with gloves on. Gloves will be discarded in outdoor designated bin upon completion
- 4. Coaches will return blades to the boathouse after usage again using gloves
- 5. Coaches will be responsible for fueling the launches

CC Boathouse Responsibilities:

- 1. Shall be charged with enforcing all safety measures
- 2. All staff will wear masks inside the boathouse and bays if social distancing isn't possible
- 3. All staff will perform hand hygiene frequently, observe social distancing and abide by covid screening guidelines
- 4. Will have CDC approved cleaning done daily inside the Boathouse as well as the bays
- 5. Will dispose of all waste materials daily in boathouse and bays
- * If you cannot adhere to the guidelines you will be asked to leave by a CC Boathouse employee
- * The Boathouse staff has the right to end all rowing and ask people to leave at anytime