



## **Haddon Township Rowing Club CODE OF CONDUCT AND TEAM RULES**

The following is a list of team rules, which members of the Haddon Township Rowing must agree to follow both in and out of school. Parents are expected to support these rules and encourage their children to do so as well. Infractions of these rules can lead to dismissal from the program. Major indiscretions on the part of an athlete will be reported to Haddon Township School and dealt with accordingly.

1. Use of illegal drugs, alcohol, or tobacco will not be tolerated.
2. Hazing will not be tolerated. Any member who has directed, assisted, or engaged in hazing of another member of Haddon Township Rowing shall be investigated and subject to discipline in accordance with the guidelines set forth in School Board Policy.
  - a. Hazing constitutes any activity that recklessly or intentionally endangers the physical health, mental health, safety or welfare of an athlete for the purposes of initiation or membership in Haddon Township Rowing Club.
  - b. If an athlete feels that he/she is being subjected to hazing from any member of the team, the head coach should be immediately notified. The head coach will address the situation directly with the athlete(s) and school administrators will be notified as necessary to properly address the situation with all individuals involved.
3. Bullying will not be tolerated. Any member of Haddon Township Rowing Club who has directed, assisted, or engaged in bullying of another member of the club, depending on the seriousness and frequency, may be investigated and subject to discipline in accordance with the guidelines set forth in School Board Policy.
  - a. Bullying means intentional and repeated hurtful or intimidating words, acts, or behaviors, such as name-calling, threats and/or deliberate ostracism, in person or via social media, committed by one or more of the athletes against another.
  - b. If an athlete feels that he/she is being subjected to bullying from any member of the team, the head coach should be immediately notified. The head coach will address the situation directly with the athlete(s) and school administrators will be notified as necessary to properly address the situation with all individuals involved.
4. Stealing will not be tolerated.
5. Misconduct, vandalism, foul language, insubordination, sexual harassment, or general disrespectful behavior to your coach, your teammates, or any other person, regardless of who they are, will not be tolerated.
6. All athletes are expected to attend every practice and every race. Only serious home emergencies, injury or sickness, special religious commitments, or academic reasons are excusable. Though an absence may be excused, your seat in a boat may not be held for you. An unexcused absence by a student may result in that student and those in their boat missing the next scheduled race. Two unexcused absences could subject a rower from dismissal from the program.
7. In accordance with School Rules and regulations students who are absent from school may not attend after school activities and are not permitted to attend practice and should therefore notify the coach immediately.
8. All absences are to be cleared through the coach prior to the practice and are subject to the coach's determination of excused or unexcused.

## 2HT Rowing Code of Conduct

- a. If a rower is to miss practice for an unexpected reason such as illness, the Head Coach must be contacted by email or phone by 1 P.M. during the school week and 2 hours prior to practice on the weekend or school vacation days.
  - b. If no coach is properly notified of a missed practice the absence will be considered unexcused and bullet 6 will apply.
  - c. If an athlete incurs an unexcused absence his/her boat may not row and will have to complete the practice on land. The athlete who was absent will have to complete land workout to make-up the session and the boat will not be able to race until this happens.
  - d. Athletes who miss practice for an unexcused reason or receive an unexcused absence for any reason will be given a note to take home for signature by a parent. The athlete will not be permitted to practice until the signed note is returned and his/her boat will have to practice on land.
  - e. Coaches cannot guarantee an athlete or boat a make up practice in a scheduled week and boats may be made ineligible to race.
  - f. In accordance with Rule #6 “Two unexcused absences could subject a rower to dismissal from the program”.
9. Athletes who do not notify a coach of a possible tardy attendance to practice via cell phone call or text will be marked down. Two ‘late to practices’ equal one unexcused absence and will be handled as listed in 8D.
  - a. Athletes will be issued an unexcused absence for any additional infractions thereafter.
  - a. Additionally, athletes who are habitually (more than twice a month) late, even while notifying a coach are subject to the corrective action noted herein.
10. In accordance with School Rules and Regulations “any student reported to the Assistant Principal’s office for scholastic or behavioral difficulties is subject to temporary or permanent removal from the athletic team.”
11. Scholastic eligibility outlined on page 8 of the Haddon Township District Handbook applies.
12. Athletes are expected to abide by the training regulations of the program.
  - a. Willful attempts to not perform the workouts as directed by the coaching staff will result in negative consequences as determined by the coaching staff.
13. Use of social networking websites such as Facebook and MySpace.
  - a. While there are no restrictions placed on the use of any of these networking sites, you are reminded you are a representative of the Haddon Township High School and Haddon Township Rowing Team and should present yourself accordingly and appropriately.
  - b. Any inappropriate materials, pictures, or comments found on this site, especially as it pertains to rowing, competition, or your High School could result in disciplinary action.
14. Maintain appropriate sportsmanship at all times.
  - a. As an athlete on the Haddon Township Rowing team you are expected to act in accordance with good sportsmanship.
  - b. Threatening, distasteful, or inappropriate words or actions towards a competitor or teammate will not be tolerated.
15. Use of the Cooper River Boat Club.
  - a. Athletes are not permitted inside the boathouse unless a Haddon Township Rowing coach is present in the boathouse with you.
  - b. Athletes are expected to abide by all boathouse rules as outlined by the coaches. Willful attempts to damage any part of the boathouse or boathouse property will result in negative consequences as determined by the coaching staff or boathouse manager.
16. Athletes are expected to know and follow all rules of the river, distress signals, and emergency procedures as outlined by the coaches.

17. Each athlete is responsible for checking the equipment before during and after each row and notifying the Head Coach immediately if any malfunction occurs. A visual inspection should occur before and after every practice. Any loose or broken equipment should be reported to the Head Coach immediately.

The Haddon Township Rowing Coaches as well as the Cooper River Boat Club Boathouse Managers are responsible for enforcing these rules. Members of the Haddon Township Rowing Club could face negative consequences and even dismissal from the team for violation of the rules listed in this section.

### Expectations of Parents HTCC Rowers

- Questions/concerns regarding the operation of the Haddon Township Rowing organization should be directed to the Club President.
- Concerns about coaching decisions should be directed to the Club President who will relay the concern(s) to the coaches on the parent's behalf. Please note that most concerns involving coaching and coaching decisions can be answered by communicating with your child.
- If a parent must communicate directly with coaches, he or she should use email. The coaches ask that parents do not call them to discuss a child. This policy is put in place for time management as well as fair practice purposes.
- Parents are asked to understand and support the position that rowers are expected to communicate directly with the coaches about any concerns and questions they have. Honest and open communication is vital to a rower's development. It also allows the coaches to quickly address problems that may arise. Parents are asked to reinforce this behavior.
- On race days, parents are not allowed inside the Cooper River Boat Club during regattas or near the boat trailer during away regattas without the approval from the Head Coach.
- Parents are expected to assist their child in successfully following the Code of Conduct.
- Parents are expected to conduct themselves in accordance with the rules outlined in the Code of Conduct governing interpersonal behavior and interactions with Coaches.
- A parent(s)' willful disregard of these rules or behavior at HTCC events/activities that is considered beyond the accepted bounds of decency and civility may result in their child's being dismissed from the team.

*HTCC Rower and a parent/guardian must complete the signature page attesting that they have read, understand and agree to abide by the HTCC's Code of Conduct as provided above.*